

## ETSU 9-Hole Disc Golf Course Rules & Regulations

- Be earth conscious - Don't Litter – Place trash and recycling into receptacles.
- Disc Golf is played like Golf, using flying discs. One stroke is counted each time the disc is thrown, and when a penalty is incurred. The winner is the golfer with the lowest score.
- Tee throws must be completed within the designated tee pad area.
- After teeing off, the player whose disc is farthest from the hole always throws first. The player with the fewest strokes on the previous hole is first to tee off.
- Fairway throws must be made with the foot closest to the hole on the spot where the last throw came to rest. The other foot may be no closer to the hole than the foot on this lie.
- A run-up and normal follow-through, after the release, are allowed more than 10 meters (32 feet) from the hole. Inside 10 meters, a player may not step past his / her lie. Falling or jumping putts are not allowed inside 10 meters.
- A disc that comes to rest inside the Disc Pole Hole basket or chains constitutes successful completion of that hole. A disc that comes to rest on top of the pole does **not** constitute a successful putt.
- A disc that comes to rest more than two meters above the ground is considered unplayable. The disc must be thrown from the ground directly below the disc and there is a one stroke penalty.
- A throw that lands out-of-bounds must be played from the point where the disc went out-of-bounds. One stroke penalty is incurred. Water, roads, pavilions, and walkways are normal Disc Golf out-of-bounds hazards.
- If a disc comes to rest in the road or across the road from the course, **DO NOT** attempt a throw from that area. Take a one stroke penalty and play from the course-side of the road and at least 10 feet from the road.
- Never throw until the players ahead of you are out of range, and until the fairway is completely clear of spectators and passersby.
- Be aware of the trail through the course area that mountain bikers, runners and walkers utilize.

- The course is on ETSU property and all University rules and regulations apply.
- Call ETSU Public Safety to report emergencies, injuries, vandalism, or inappropriate use:
  - Go to the nearest ETSU Blue Light Emergency phone
  - Dial 423-439-4480 from a cell phone to reach ETSU Public Safety Dispatch
  - Dial 911 from a campus phone(Please note dialing 911 from a **cell phone** will contact **Washington County 911**)
- Report maintenance issues and hazards to ETSU Campus Recreation via phone at 423-439-7981 or email at [CampusRec@etsu.edu](mailto:CampusRec@etsu.edu).