





















DISC GOLF COURSE



Welcome to Grouse Mountain Disc Golf

Hole	1	2	3	4	5	6	7	8	9	OUT	Total	
	Screaming Eagle	Cliff Drop	Hem-lock	Bark Mulcher	Stoker	Launch-er	Upshot	Stump	Cross Cut			
Par	3 	3 	3 	3 	3 	3 	4 	3 	3 	28		
Dist (ft)	305	331	279	180	292	433	361	276	269	2,726		
1												
2												
3												
4												
	10	11	12	13	14	15	16	17	18	IN	OUT	Total
	Hell's Gate	Glades	Traverse	Kicker	Half Pipe	Table-top	Step Down	Turbine	Dog Leg			
Par	4 	3 	4 	4  	4  	3 	3 	3 	4 	32	28	60
Dist (ft)	818	433	590	525	590	190	417	308	400	4,271	2,726	6,997
1												
2												
3												
4												

If you require assistance please call 604.998.4321.